



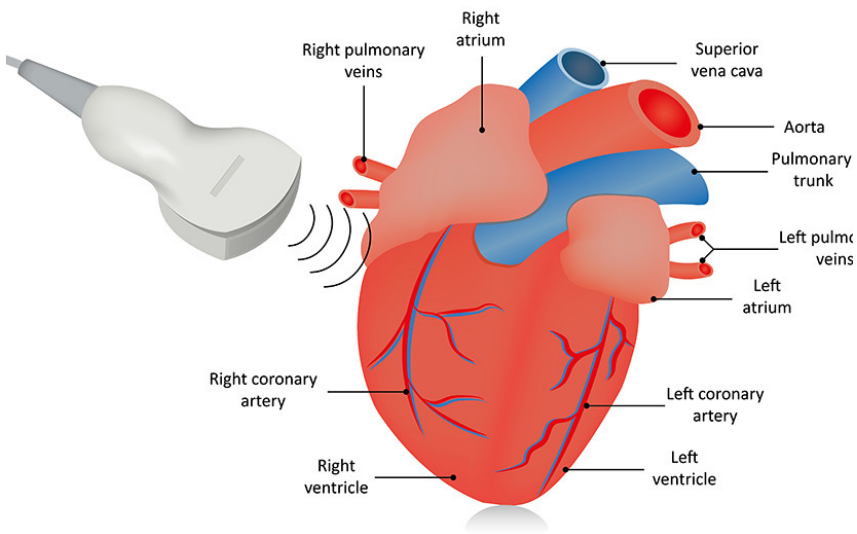
HEARTFUL CARDIOLOGY

ECHOCARDIOGRAM

What is an Echo? An echo is a test of the action of the heart using ultrasound waves to produce a visual display, used for the diagnosis or monitoring of heart disease.

What does an echo show? An echo is done to look for heart problems. The test shows how blood moves through the heart chambers and heart valves. Your doctor may order this test if you have chest pain or shortness of breath. There are different types of echocardiograms- your doctor will decide which one is right for you.

Echocardiogram



Patient Instructions:

1. DO NOT HOLD ANY MEDICATIONS
2. There are NO food restrictions
3. Please wear a 2 piece outfit (no dresses, overalls, or onesies)
4. If you have an ICD, please notify provider.
5. Shower with soap and water prior to procedure, but do not apply lotions or oils

What to Expect :

*The procedure is non invasive and will take approximately 30 minutes to complete

*There will be **no** downtime involved

*Patients will receive a call **ONLY** if something is abnormal - otherwise, follow up with your doctor at your next visit. Your results will be published to your portal. You will need to have an email on file and it set up before we can publish results.

*Access your portal at heartfulcardiology.mysecurechart.com

